



Natural Awakenings, Phoenix Edition **Article Writing Guidelines**

Natural Awakenings magazine welcomes and publishes manuscripts from leading health and wellness sources throughout Arizona. We receive multiple articles every month, and space in the printed edition is very limited. To ensure you have greater success in publishing in your manuscript, please read and follow these important requirements.

1. You agree that your manuscript is an original, unpublished work, and there are no copyright concerns associated with any material you submit. This includes all graphics/images/tables submitted as well with the manuscript.
2. You are the author of this work and have the authority/permission to submit this material for publication.
3. All medical claims must be backed up by valid third-party references (title of study, author, publication date, etc.).
4. All editorial material must be written in the third person. We do not publish editorial material written in the first person.
5. The manuscript should help educate readers on some facet of health and wellness. While you may sparingly use your product or service as an example, any material that is too marketing-oriented will be rejected.
6. Final approval of all manuscripts for publication rests with the editorial advisory board.

Article Sizes & Length Limits for Your Manuscript:

- Half Page (preferred size): 300 words
- Full Page: 700 words

-For manuscripts longer than 700 words, please inquire first at PhoenixEditor@NaturalAz.com.

-Length limits do not apply to manuscripts that are being published only on the NaturalAz.com website.

SUBMISSION DEADLINE:

5th of the month prior to the issue date.

Material submitted after the deadline may not appear in the next issue.

Send all files and material to PhoenixEditor@NaturalAz.com

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